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belief, desire, curiosity.

READY TO CHANGE CAREERS
BUT DON'T KNOW WHERE TO
START?

INSIDE ARE THE **FIRST**
3 STEPS TO GET YOU ON
YOUR WAY TO A SUCCESSFUL
CAREER CHANGE.



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Hi! I'm Mischaela Richter and I'm all about living life with purpose and meaning. (With some fun and money mixed in of course!)

**YOU'RE READY FOR CHANGE.
I GET IT, I'VE BEEN THERE.**

I left a 15 year career to start over in an entirely new industry. It wasn't easy, but it was WORTH IT.

I now help my clients to get **unstuck** and find work that aligns with their truest selves. When we wholeheartedly believe in what we do, we contribute meaningfully to the world around us, and we are **fulfilled**.

The following exercises will help you **clarify** the first steps in successfully changing your career path.

I'm here to **support** you along the way, because I see your **brilliance**.

Sincerely yours,

MISCHAELA RICHTER



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STEP 1:

belief.

The first step to changing your career is **truly believing that it is possible.**

Our **beliefs** influence our **thoughts**, our **feelings** and our **actions**, so it's important that you believe in this career change DEEP IN YOUR BONES.

Ask yourself the following question, and listen quietly and carefully for the answer:

How possible do I believe it is to successfully change my career?

What comes up for you? On a scale of 1-10, 1 being impossible, and 10 being TOTALLY possible where would you place your belief?

If it's anything less than a 8 then you have some work to do!

Find **evidence** to support the belief that this is possible. Look up examples online. There are MANY stories of people who've successfully changed careers on Youtube, TEDTalks, or podcasts. Talk to people, ask them if they or anyone they know has changed careers.

Once you start looking, you'll be able to stockpile a TON of evidence that this is possible, which will help you shift your belief to a 10!

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STEP 2:

desire

The second step to changing your career is getting clear on **what you want**.

The best part is, you don't even have to know what career you want to complete this exercise! All you need is a pen and paper, so grab those and let's get started.

Picture yourself down the road in a career that you **enjoy**. What do your days look like? Specifically, what qualities are present? If you're unsure where to start, the following questions will help guide your thinking.

1. Do you prefer working independently or in a team?
2. Do you prefer a more structured schedule, or more flexibility?
3. Do you prefer to interact with clients/customers or stay behind the scenes?
4. Are you interested in working for yourself?
5. Do you enjoy work that is more creative or analytical?
6. What are your greatest skills/talents?
7. What sector or industry might you prefer to work within?
8. What values are important to you in your work? Eg. innovation, autonomy, design, impact, integrity, contribution.

Add as many preferences as you can think of. Get detailed. Once you are done, put a star beside the qualities that stand out to you as **non-negotiable**. Make a shorter list with just these items.

Congratulations! You've just clarified the qualities that you want **your next career** to have.



STEP 3:

curiosity.

The third step to changing your career is **exploring** your options.

At this point you've laid some solid groundwork. You **wholeheartedly believe that a career change is possible** for you and you've clarified exactly what qualities you want to be present in your next career AND you have the list to prove it.

Now take that list and stick it somewhere that you will see it EVERY DAY. Whether its your mirror, your fridge, your desk you want to be sure that list is **in your face and front of mind.**

Imagine you have an antenna coming out of your brain that's tuned into the frequency of 'JOB OPPORTUNITIES'. You want to be paying attention to any **possibility** that floats by your radar. Talk to people about what they do. Pay attention to the jobs people have in the shows or movies you watch. Go on Google or Youtube and look up 'jobs you've never heard of in the _____ industry'. **Get curious and EXPLORE.**

You aren't making any decisions at this point, you're just gathering information, and exploring your options. Keep your mind open and when something strikes your interest, compare it to your list of desired qualities. If it's a match, then BINGO! **You've got an idea for a potential new career!**

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bonus:

level up

Before you pull the plug on your current situation, take a good look at the various aspects of your life and see where you can **level up!**

Often when we desire change we imagine it happening **externally.**

A new career, new partner, new home, new location are all examples of that **external change.** We imagine that that external change will seep it's way into our being and change us from the outside in.

Unfortunately, it doesn't always work that way, because **everywhere you go, there you are.**

True lasting change has to happen INTERNALLY as well. Once we get ourselves **aligned internally,** our external lives start to **reflect** that alignment.

I have a worksheet that will help you examine the various aspects of your life, both internally and externally, to help you focus your attention, set some goals, and **level up your life!**

To receive that worksheet click [here.](#)

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